**LC-L4 Candidate Initial Learning Statement**

Candidate’s name: ……………………………………………………………………………………. Date: …………………………….

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| **1. Course goals and expectations:** |
| What do I expect the course to provide for me? |
| What personal and learning goals can I set for myself? |
| What do I need to achieve these goals? |
| What strengths am I bringing to the course? |
| How can I help myself make the most of this learning opportunity? |

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| **2. Course concerns:** |
| What am I concerned about regarding the course? |

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| How might I hinder or even sabotage my own learning and achievement on the course? |
| How can I overcome these challenges? |

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| **3. The group:** |
| What do I expect the group to provide for each other and for me? What would I like the group to provide for each other and for me? |
| What am I prepared to contribute in order to help the group develop? |

How will I get my needs met in the group?

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| **4. Learning:** |
| What do I expect the course tutors to provide for my learning? What would I like them to provide for my learning? |

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| Are there any other concerns I have concerning the learning requirements? |
| How will I manage and overcome my concerns? |

What influences from the past may help or hinder my learning? What are my particular blocks to learning?

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| **5. Motivation and commitment:** |
| Why am I beginning training on this programme? |
| At present, what is my motivation and commitment towards the course? |
| How will I maintain my motivation? |